KEARNY RECREATION DEPARTMENT

PRESENTS

Yoga

Objective: Our program will provide instruction in the Art of Yoga. Yoga will help increase your flexibility and relieve stress from your everyday living.

Online registration: https://register.communitypass.net/townofkearny

Open to: Kearny Residents 15 years of age and older.

Dates: Classes Begin on Saturday, September 23 2023 to November 18, 2023.

Time: Classes will be on Saturday's 9:00am to 10:00 am

Location: Hartung Recreation Center 925 Passaic Avenue

Instructor: Danielle Curry Pickel

Fee: $50.00 per person for the 8-week session. Class is limited to 15 people first come first serve

Please contact the Recreation Department at 201-955-7983 with any questions.

This program is open to Kearny Residents only.

Yoga

Name_____Phone_____Emergency Number_____

Address: _____Date of Birth: _____Email_____

Health Insurance Carrier:_____Policy#_____

Please make checks payable to and return to: Kearny Recreation/ Yoga
402 Kearny Avenue, Kearny, NJ 07032

I/We the parent/guardian/adult of the above named individual do hereby give my/our approval to his/her participation in any and all activities. I/We assume all risks and hazards incidental to the conduct of the activities and transportation to and from the activities: and do further hereby release, absolve, indemnify and hold harmless the Town of Kearny and organizers, sponsors, or any of the supervisors appointed by them.

Parent/Guardian/Adult Signature_____Date:_____